

May-2024



Lincoln Junior and Senior High Lunch Menu



**What is a Meal?**  
 You must choose at least 3 of the 5 components available for the school lunch price.  
 \* Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.  
 • Meat or meat alternate  
 • Choice of Vegetable  
 • Choice of Fruit  
 • Grain/Bread  
 • Choice of Milk - 1% white and chocolate

**Daily Fruit Choices May Include:**  
 Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

**WEEKLY ALTERNATIVES**



- \* BRAVO BAR OF THE WEEK
- Cheffresh Entree of the week!
- Fresh Salad of the week!



Avocado-do



**DAILY ENTREE OPTIONS MAY INCLUDE:**

- Bravo Bars
- Cheffresh Salad
- Cheffresh Sandwich or Wrap
- Cheeseburger
- Hamburger
- Chicken Patty Sandwich
- Spicy Chicken Patty Sandwich
- Cheese Pizza
- Pepperoni Pizza
- AND MORE!



**Lunch Prices:**

Student: Free  
 Reduced: Free  
 Adult: \$4.75

**General Manager:**

Phone Number:  
 724-752-1591 Ext. 3020  
 Phone Number:  
 metz@ecasdk12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday

Tuesday

Wednesday

Thursday

Friday

May-13

May-14

May-15

May-16

May-17

**WRAP BAR/PITTSBURGH STEAK SALAD/MEATLOVERS PIZZA/GRILLED CHICKEN CRAVEABLE**

**SANDWICH SPECIAL-GRILLED BBQ BACON CHEDDAR CHICKEN SANDWICH**

Entrée	Entrée	Entrée	Entrée	Entrée
Rodeo Burger on a WG Bun	Buffalo Chicken Dip w/ Tortilla Chips	Popcorn Chicken Mashed Potato Bowl w/ WG Roll	WG Pasta & Meatballs w/Roll	General Tso Popcorn Chicken
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Broccoli & Cheese Fries Featured Fruit Choice of Milk	Seasoned Rice Seasoned Green Beans Featured Fruit Choice of Milk	Golden Corn Mashed Potatoes w/ Gravy Featured Fruit Choice of Milk	Mixed Vegetables Chickpea Salad Featured Fruit Choice of Milk	Fried Rice Egg Roll Featured Fruit Choice of Milk

May-20

May-21

May-22

May-23

May-24

**PASTA BAR/CAESAR CHICKEN SALAD/BBQ CHICKEN PIZZA/NACHO CRAVEABLE**

**SANDWICH SPECIAL - CHEESESTEAK HOAGIE W/ONIONS & PEPPERS**

Entrée	Entrée	Entrée	Entrée	Entrée
Meatball Sub on a WG Hoagie Bun	Nacho Grande w/ Tortilla Chips	Chef's Choice	Assorted Sub Sandwiches	Potato & Cheese Pierogi w/ Cheese Sauce & Bacon
Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
Glazed Carrots Italian Salad Featured Fruit Choice of Milk	Spanish Rice Side Salad Featured Fruit Choice of Milk	Green Beans French Fries Featured Fruit Choice of Milk	Corn BBQ Baked Beans Featured Fruit Choice of Milk	Steamed Peas Red Pepper Strips Featured Fruit Choice of Milk

May-27

May-28

May-29

May-30

May-31

**MEXICAN BAR/FARMHOUSE SALAD/PEPPERONI & SAUSAGE PIZZA/PEPPERONI CHEESE CRAVEABLE**

**SANDWICH SPECIAL-TURKEY BACON SWISS CROISSANT**

NO SCHOOL	Entrée	Entrée	Entrée	Entrée
	Chicken & Gravy over WG Biscuit	Chili & Cheese Hot Dog on a WG Bun	Chicken Parmesan on a WG Bun	Chef's Choice
	Featured Veggies	Featured Veggies	Featured Veggies	Featured Veggies
	Glazed Carrots Red Pepper Strips Featured Fruit Choice of Milk	Hashbrown Pasta Salad Featured Fruit Choice of Milk	Garbanzo Bean Salad Baby Carrots Featured Fruit Choice of Milk	Buttered Noodles Baked Beans Featured Fruit Choice of Milk

June-3

June-4

June-5

June-6

June-7

**MAC & CHEESE BAR/ TACO SALAD/BACON CHICKEN RANCH PIZZA/WALKING TACO CRAVEABLE**

**SANDWICH SPECIAL-ITALIAN PANINI**

1/2 DAY	1/2 DAY	Entrée	1/2 DAY	NO SCHOOL
		CHEF'S CHOICE		
		Featured Veggies		
		Glazed Carrots Red Pepper Strips Featured Fruit Choice of Milk		

June-10

June-11

June-12

June-13

June-14

**SUMMER VACATION**



June-17

June-18

June-19

June-20

June-21

**SUMMER VACATION**



Brand or equivalent food offered/milk options defined