

May-2024



Ellwood City Area School District  
Elementary Lunch Menu



**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.

- \* Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.
- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white and chocolate

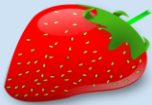
**Daily Fruit Choices May Include:**

- Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

**DAILY ALTERNATIVES**



- \* CRAVEABLE OF THE WEEK
- \* FRESH CHEF SALAD
- \* CHICKEN NUGGETS WITH WG ROLL



**Lunch Prices:**

Student: Free  
Reduced: Free  
Adult: \$4.75

**General Manager:**

Phone Number:  
724-752-1591 Ext. 3020  
Phone Number:  
metz@ecask12.org

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Brand or equivalent food offered/milk options defined

Monday

Tuesday

Wednesday

Thursday

Friday

May-13

May-14

May-15

May-16

May-17

**GRILLED CHICKEN CRAVEABLE**

Entrée

Entrée

Entrée

Entrée

Entrée

Cheesburger on a WG Bun

Chicken Tenders & WG Roll

Popcorn Chicken Mashed Potato Bowl w/WG Roll

WG Pasta & Meatballs w/Roll

Cheese Pizza

Featured Veggies

Featured Veggies

Featured Veggies

Featured Veggies

Featured Veggies

Broccoli & Cheese Fries  
Featured Fruit  
Choice of Milk

Seasoned Rice  
Green Beans  
Featured Fruit  
Choice of Milk

Golden Corn  
Mashed Potatoes w/Gravy  
Featured Fruit  
Choice of Milk

Mixed Vegetables  
Chickpea Salad  
Featured Fruit  
Choice of Milk

Glazed Carrots  
Red Pepper Strips  
Featured Fruit  
Choice of Milk

May-20

May-21

May-22

May-23

May-24

**BREADSTICK CRAVEABLE**

Entrée

Entrée

Entrée

Entrée

Entrée

Meatball Sub on a WG Hoagie Bun

Nacho Grande w/ Tortilla Chips

Chef's Choice

Fish Sandwich

Potato & Cheese Pierogi w/ Cheese Sauce

Featured Veggies

Featured Veggies

Featured Veggies

Featured Veggies

Featured Veggies

Glazed Carrots  
Italian Side Salad  
Featured Fruit  
Choice of Milk

Seasoned Rice  
Cucumber Slices  
Featured Fruit  
Choice of Milk

Green Beans  
French Fries  
Featured Fruit  
Choice of Milk

Corn  
BBQ Baked Beans  
Featured Fruit  
Choice of Milk

Steamed Peas  
Red Pepper Strips  
Featured Fruit  
Choice of Milk

May-27

May-28

May-29

May-30

May-31

**NACHO CRAVEABLE**

NO SCHOOL

Entrée

Entrée

Entrée

Entrée



Chicken & Gravy over Biscuit

Hot Dog on a WG Bun

Chicken Sandwich on WG Bun

Chef's Choice

Featured Veggies

Featured Veggies

Featured Veggies

Featured Veggies

Glazed Carrots  
Red Pepper Strips  
Featured Fruit  
Choice of Milk

Fries  
Pasta Salad  
Featured Fruit  
Choice of Milk

Baby Carrots  
Garbanzo Bean Salad  
Featured Fruit  
Choice of Milk

Buttered Noodles  
Baked Beans  
Featured Fruit  
Choice of Milk

June-3

June-4

June-5

June-6

June-7

**HAM & CHEESE CRAVEABLE**

1/2 DAY

1/2 DAY

Entrée

1/2 DAY

NO SCHOOL

Ham & Cheese Sandwich-Bagged Lunch

Turkey & Cheese Sandwich-Bagged Lunch

Chef's Choice

Ham or Turkey Sandwich-Bagged Lunch



Vegetable Snack

Vegetable Snack

Vegetable Snack

Vegetable Snack

Fruit  
Choice of Milk

Fruit  
Choice of Milk

Fruit  
Choice of Milk

Fruit  
Choice of Milk

June-10

June-11

June-12

June-13

June-14

**SUMMER VACATION**



June-17

June-18

June-19

June-20

June-21

**SUMMER VACATION**

